The Chicago Parent Program is designed to address the needs of parents raising young children (2-5 years old). Developed with an advisory board of African American and Latinx parents, this 12-session, video and group-based program provides the knowledge, skills, and confidence to help parents of young children be the best they can be.

7,600+
TESTED AND PROVEN
The Chicago Parent Program has helped over 7,600 parents raise happier, healthier children

95%
CONFIDENCE BOOSTING
95% of parents more confident in managing their child’s behavior

100%
HIGH SATISFACTION RATE
100% of participants would recommend the program to other parents

1+ Years
LONG-LASTING IMPACT
The program reduces children's behavior problems, lasting up to 1 year or longer

Parents See Big Changes in Their Children and Themselves

“I’ve seen a big change in him!”

“The program is the best thing that could have happened to me.”

“You know [my son] wasn’t respecting me... now he’s working and everything... he tells me he loves me a lot... and he’s sleeping by himself. And the teacher says he’s doing better.”

“I don’t get frustrated anymore. Before I used to scream a lot and then when I started taking the program [my husband] noticed that I was changing the way I am. It helped him a lot too.”

“I think it’s made me a better parent.”

“It helped me recognize what was going on with me. ... I recognize what was going on with me to help me fix what was going on with my kids.

Learn more:
Visit us at chicagoparentprogram.org
To bring the Chicago Parent Program to your community email us at cppinfo@chicagoparentprogram.org.