The Chicago Parent Program is designed to address the needs of parents raising young children (2-5 years old) in low income communities. Developed with an advisory board of African American and Latinx parents and supported by over 20 years of research. This 12-session program provides the knowledge, skills, and confidence to help parents of young children with or at risk for developing serious behavior problems.

CPP Makes A Big Impact

“Before [my son] was very aggressive... You know he wasn’t respecting me... now he’s working and everything... he tells me he loves me a lot... and he’s sleeping by himself. And the teacher says he’s doing better.” —Parent

“Doctors gave me ideas, none of them worked, not even the medication... the things I learned in these last couple of weeks, I wish I would’ve learned when he first started therapy.” —Parent

“Watching the changes in parents and their children over the 12 weeks was very exciting. For many, it was the first time they felt empowered to try new strategies and were amazed when they actually worked!” —Mental Health Clinician

The Program at a Glance

- First evidence-based parenting program developed with and for a racially and economically diverse community of parents
- Uses videos of real parents managing real problems in real world settings
- Effective for community and mental health agencies serving low-income families
- Strengthens positive parenting, reduces use of corporal punishment
- Has been used in agencies in 20 states and the District of Columbia. Listed in the California Evidence-based Clearinghouse for Child Welfare (CEBC) and the Clearinghouse for Military Family Readiness
- As effective as other evidenced-based parenting programs but at lower cost
- Chicago Parent Program can be reimbursed by Medicaid
- Requires completing a 2-day, group leader training workshop
- Available in English or Spanish

7,600+ TESTED AND PROVEN
The Chicago Parent Program has helped over 7,600 parents raise happier, healthier children

100% HIGH SATISFACTION RATE
100% of participants would recommend the program to other parents

1+ Years LONG-LASTING IMPACT
The program reduces children’s behavior problems, lasting up to 1 year or longer

Want to become a Chicago Parent Program Provider?
For more information, go to chicagoparentprogram.org or email CPPinfo@chicagoparentprogram.org